INFANT MASSAGE CLASS SERIES FOR PARENTS AND BABIES



Why learn to massage your baby?

Bonding – enhances communication and encourages fun interactions!

Relief – from teething, congestion, colic and gas

Relaxation – massaging your baby is enjoyable and relaxing for you and it may improve the quality of your baby's sleep

Who: Parents & babies, ages Birth-1 year

Cost: \$30 per class

Dates: October 28, 29 and 30, 2016 (Friday-Sunday)

Time: 1:00-2:30 each day Where: Ice House Studios

217 S. Liberty St. Suite 201

Downtown Harrisonburg, VA 22801

For more information or to register, please contact: Whitney Erwin 540-383-9589

