

PLEASE JOIN US FOR AN UPCOMING FREE COMMUNITY GATHERING

Four Powerful Steps to Healthy, Conscious Conception

Thursday, December 15th, 7:00 pm EST / 4:00 pm PST

Are you struggling with infertility or planning to conceive and don't know what to do as a next proactive step to optimize your chances of healthy, conscious conception?

Please join us for an upcoming free community gathering with the opportunity to connect with other women who are on this healing journey, too. We'll be coming together at a live community Zoom class. I warmly welcome you to come!

This compassionate, nonjudgemental and holistic class will give you:

- Clarity on common reasons for infertility and why so many people struggle with it, and how to take helpful steps so that you create a new trajectory for yourself and family
- Timeless holistic teachings on natural fertility so that you gain trust in your body and increased confidence on where to purposefully focus your time and energy toward optimal conception
- Education on what conscious conception means and how to prepare for it so that you receive more supportive resources, education and self-awareness
- Support for balancing your hormones so that you optimize your chance of healthy, conscious conception



Receive nourishing support from an experienced practitioner who specializes in Holistic Hormonal Balance and Perinatal Health, and has walked many women to unexpected natural fertility after years of frustration, heartache and hopelessness, so that you can do the same. Please let us know if you have any questions.