

CHILDREN'S HERBAL FIRST AID WORKSHOP

SATURDAY, SEPTEMBER 10, 10:30 - NOON
LIVESTREAM OPTION, EST

Learn safe, supportive and gentle first aid tips, knowledge and recipes to take care of the health and well-being of your little loved ones

For parents, caretakers, educators, social workers and anyone that serves children

WHERE?

**2704 Spotswood Trail, Suite B,
Harrisonburg, VA 22801**
at the Cyanwood Natural
Lifestyles Center!

HOW DO I REGISTER?

To register, email
fourseasonsharmony@gmail.com
by Thursday, September 8th

\$30 fee, including beginner's herbal first aid medicine making kit to take home

For online attendees, herbal medicine making bag available for pick-up beforehand or shipped for an extra \$5

FUN, EXPERIMENTAL EDUCATION WORKSHOP LED BY



Whitney Erwin,
Clinical Herbalist,
M.Sc., M.Ed., LMT

owner of
Four Seasons
Harmony



FOUR SEASONS
HARMONY

www.fourseasonsharmony.com